

Regina

7:00 PM Monday
Basic Connection
2710 10th Avenue Basement
C NS

7:00 PM Monday
Under The Umbrella
Lakeview United Church
3200 McCallum Avenue
C LGBTQIA+

9:00 PM Monday
Isolated But Not Alone
Zoom: 306 757 6600

12 Noon Tuesday
Welcome Home
Zoom: 306 757 6600

6:00 PM Tuesday
Above and Beyond
202 Hamilton St
Community Centre
O NS

7:00 PM Tuesday
Fellowship
2710 10th Avenue Basement
O NS

8:00 PM Tuesday
Freedom is a Choice
Brotherhood St. James United Church
4506 Sherwood Dr.
C MO

9:00 PM Tuesday
Isolated But Not Alone
Zoom: 306 757 6600

7:00 PM Wednesday
She Can Recover
Knox Metropolitan Church
2340 Victoria Avenue
Room 105 - C WO

7:30 PM Wednesday
State of the Heart
First Presbyterian Church
Albert St & 14th Ave
South Door - O WC

9:00 PM Wednesday
Isolated But Not Alone
Zoom: 306 757 6600

7:00 PM Thursday
Spirits in Recovery
First Presbyterian Church
Albert St & 14th Ave South Door
O WC CN

9:00 PM Thursday
Isolated But Not Alone
Zoom: 306 757 6600

12 Noon Friday
Welcome Home
Cathedral Neighborhood Centre 2900
13th Ave
C WC NS – O for Birthdays

7:00 PM Friday
Living in the Solution
190 Massey Rd.
Basement -WC O NS

9:00 PM Friday
Isolated But Not Alone
Zoom: 306 757 6600

10:30 AM Saturday
Just for Today
First Presbyterian Church
Albert St & 14th Ave
South Door - O WC

6:30 PM Saturday
N.A.R.C.
190 Massey Rd.
Basement – 12T C

8:00 PM Saturday
Finally Found a Home
First Presbyterian Church
Albert St & 14th Ave
South Door - O WC

9:00 PM Saturday
Isolated But Not Alone
Zoom: 306 757 6600

1:30 PM Sunday
Living Clean
Alano Club
1165 Pasqua St.
O WC

7:00 PM Sunday
Serenity Now
190 Massey Rd.
Basement – O WC H

9:00 PM Sunday
Isolated But Not Alone
Zoom: 306 757 6600

Moose Jaw

7:00 PM Monday
Enough is Enough
Hope Ministries
27 Hochelaga St W
C Use Back Door

7:00 PM Tuesday
Serenity Seekers
Zion United Church 423
Main St. N.
O

7:00 PM Wednesday
Enough is Enough
Hope Ministries
27 Hochelaga St W.
O Use Back Door
7:00 PM Thursday
Enough is Enough
Hope Ministries
27 Hochelaga St W.
C Use Back Door

8:00 PM Friday
Enough is Enough
Hope Ministries
27 Hochelaga St W.
C Use Back Door

7:00 PM Saturday
Serenity Seekers
Zion United Church
423 Main St. N.
O

7:00 PM Sunday
Enough is Enough
Hope Ministries
27 Hochelaga St W.
C Use Back Door

Swift Current

8:00 PM Tuesday
New Beginnings
Lions Hall
155 3rd Avenue NE
O

6:30 PM Thursday
New Beginnings
Lions Hall
155 3rd Avenue NE
O

6:30 PM Saturday
New Beginnings
Group Lions Hall
155 3rd Ave NE
O

Esterhazy

8:00 PM Thursday
Survival to Recovery
St Andrews United Church
550 Sumner St, Esterhazy, SK O

Fort Quapelle

7:00 PM Sunday
The Big Comfy Couch
Susan Ulmer Addiction Service Bldg.
147 Company Ave, Fort Quapelle SK-O

Weyburn

8:00 PM Tuesday
Road To Recovery
Knox Hall
136 2nd Street NE
C

Estevan

7:00 PM Tuesday
New Beginnings
622 5th Street
C TD

7:00 PM Wednesday
Living Clean Text Study
Trinity Lutheran Church
738 2nd Street
Use Back-alley entrance

6:30 PM Thursday
New Beginnings
622 5th Street
C TD

7:00 PM Friday
We Do Recover Trinity
Lutheran Church
738 2nd Street
Use Back-alley entrance BT

7:00 PM Sunday
We Do Recover
Trinity Lutheran Church
738 2nd Street
Use back-alley entrance. O

7:00 PM Saturday
Lost Dreams Awaken Trinity
Lutheran Church
738 2nd Street
In the Gym
BT

Yorkton

6:30 PM Sunday
Bank of Recovery
St Andrews United Church
29 Smith St E
C

Indian Head

7:30 PM Wednesday
United Church
801 Buxton Street
Indian Head, SK

Shaunavon

7:00 PM Sunday
Shaunavon Group
Shaunavon Alliance Church
199 3rd Ave W.
Shaunavon

Bengough

7:30 PM Wednesday
Big Muddy Connections
St. Michael's Church
5th Ave E, Bengough SK-O

Zagime Anishinabek

7:00 PM Thursday
CFW Prevention Office Unit 269
Roseanne 306-451-7151
Zagime Anishinabek-O

All Meetings are Non-Smoking unless otherwise stated.

Zoom- Online Zoom Meeting, H – Hybrid Meeting, O - Open to Public, C - Closed to Public, WC – Wheelchair Accessible, CN - Candle Light, 12&T - Steps & Traditions, BT - Basic Text Study, TD - Topic Discussion, WO - Women Only, MO Men Only, 123 - Steps 1, 2, & 3, 12T – 12 Tradition Study, NC – No children, NP- No Pets