



Southern Saskatchewan Area of Narcotics Anonymous Meeting List

October 2026
24-Hour Helpline: 306.757.6600

www.southsaskna.org

Meeting changes to meetings@southsaskna.org
For other info email secretary@southsaskna.org

WELCOME TO NARCOTICS ANONYMOUS
CAN'T STOP using drugs? We've been there. WE CAN HELP.
Please pick up the phone before you pick up and use!!!

What Is the Narcotics Anonymous Program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Area Service Meetings

Area Service Committee

Last Sunday of Every Month

For meeting info check the events on

<http://southsaskna.org>

Hospitals and Institutions Subcommittee

For meeting info check the events on

<http://southsaskna.org>

Regina

7:00 PM Monday
Basic Connection
2710 10th Avenue Basement
C NS

9:00 PM Monday
Isolated But Not Alone
Zoom: 306 757 6600

12 Noon Tuesday
Welcome Home
Zoom: 306 757 6600

6:00 PM Tuesday
Above and Beyond
202 Hamilton St
Community Centre
O NS

7:00 PM Tuesday
Fellowship
2710 10th Avenue Basement
O NS

8:00 PM Tuesday
Freedom is a Choice
Brotherhood St. James United
Church
4506 Sherwood Dr.
C MO

9:00 PM Tuesday
Isolated But Not Alone
Zoom: 306 757 6600

7:00 PM Wednesday
She Can Recover
Knox Metropolitan Church
2340 Victoria Avenue
Room 105 - C WO

7:30 PM Wednesday
State of the Heart
First Presbyterian Church
Albert St & 14th Ave
South Door - O WC

9:00 PM Wednesday
Isolated But Not Alone
Zoom: 306 757 6600

7:00 PM Thursday
Spirits in Recovery
First Presbyterian Church
Albert St & 14th Ave South Door
O WC CN

9:00 PM Thursday
Isolated But Not Alone
Zoom: 306 757 6600

12 Noon Friday
Welcome Home
Cathedral Neighborhood Centre 2900
13th Ave
C WC NS – O for Birthdays

7:00 PM Friday
Living in the Solution
190 Massey Rd.
Basement -WC O NS

9:00 PM Friday
Isolated But Not Alone
Zoom: 306 757 6600

10:30 AM Saturday
Just for Today
First Presbyterian Church
Albert St & 14th Ave
South Door - O WC

6:30 PM Saturday
N.A.R.C.
190 Massey Rd.
Basement – 12T C

8:00 PM Saturday
Finally Found a Home
First Presbyterian Church
Albert St & 14th Ave
South Door - O WC

9:00 PM Saturday
Isolated But Not Alone
Zoom: 306 757 6600

1:30 PM Sunday
Living Clean
Alano Club
1165 Pasqua St.
O WC

7:00 PM Sunday
Serenity Now
190 Massey Rd.
Basement – O WC H

7:00 PM Sunday
Under The Umbrella
3200 McCallum Ave
C LGBTQ

9:00 PM Sunday
Isolated But Not Alone
Zoom: 306 757 6600

Moose Jaw

7:00 PM Monday
Enough is Enough
Hope Ministries
27 Hochelaga St W
C Use Back Door

7:00 PM Tuesday
Serenity Seekers
Zion United Church 423
Main St. N.
O

7:00 PM Wednesday
Enough is Enough
Hope Ministries
27 Hochelaga St W.
O Use Back Door
7:00 PM Thursday
Enough is Enough
Hope Ministries
27 Hochelaga St W.
C Use Back Door

8:00 PM Friday
Enough is Enough
Hope Ministries
27 Hochelaga St W.
C Use Back Door

7:00 PM Saturday
Serenity Seekers
Zion United Church
423 Main St. N.
O

7:00 PM Sunday
Enough is Enough
Hope Ministries
27 Hochelaga St W.
C Use Back Door

Swift Current

8:00 PM Tuesday
New Beginnings
Lions Hall
155 3rd Avenue NE
O

6:30 PM Thursday
New Beginnings
Lions Hall
155 3rd Avenue NE
O

6:30 PM Saturday
New Beginnings
Group Lions Hall
155 3rd Ave NE
O

Esterhazy

8:00 PM Thursday
Survival to Recovery
St Andrews United Church
550 Sumner St, Esterhazy, SK O

Fort Quapelle

7:00 PM Sunday
The Big Comfy Couch
Susan Ulmer Addiction Service Bldg.
160 Company Ave, Fort Quapelle SK
O

Weyburn

8:00 PM Tuesday
Road To Recovery
Knox Hall
136 2nd Street NE
C

Estevan

7:00 PM Tuesday
New Beginnings
622 5th Street
C TD

7:00 PM Wednesday
Living Clean Text Study
Trinity Lutheran Church
738 2nd Street
Use Back-alley entrance

6:30 PM Thursday
New Beginnings
622 5th Street
C TD

7:00 PM Friday
We Do Recover Trinity
Lutheran Church
738 2nd Street
Use Back-alley entrance BT

7:00 PM Sunday
We Do Recover
Trinity Lutheran Church
738 2nd Street
Use back-alley entrance. O

7:00 PM Saturday
Lost Dreams Awaken Trinity
Lutheran Church
738 2nd Street
In the Gym
BT

Yorkton

6:30 PM Sunday
Bank of Recovery
St Andrews United Church
29 Smith St E
C

Indian Head

7:30 PM Wednesday
United Church
801 Buxton Street
Indian Head, SK

Shaunavon

7:00 PM Sunday
Shaunavon Group
Shaunavon Alliance Church
199 3rd Ave W.
Shaunavon

Bengough

7:30 PM Wednesday
Big Muddy Connections
St. Michael's Church
5th Ave E, Bengough SK-O

Zagime Anishinabek

7:00 PM Thursday
CFW Prevention Office Unit 269
Roseanne 306-451-7151
Zagime Anishinabek-O

All Meetings are Non-Smoking unless otherwise stated.

Zoom- Online Zoom Meeting, H – Hybrid Meeting, O - Open to Public, C - Closed to Public, WC – Wheelchair Accessible, CN - Candle Light, 12&T - Steps & Traditions, BT - Basic Text Study, TD - Topic Discussion, WO - Women Only, MO Men Only, 123 - Steps 1, 2, & 3, 12T – 12 Tradition Study, NC – No children, NP- No Pets LGBTQ - LGBTQIA+